


Table. Types of alcohol taken in Lusaka, Zambia, and the approximate standard units for each (for question 20)

<b>Type of alcoholic drink</b>	<b>Quantity</b>	<b>Standard units in this study*</b>
Mosi, Castle, Castle lite or similar beer	1 bottle (12 ounces)	1
Wine	1 glass (6 ounces)	1
Chibuku Shake-Shake or similar beer	1 packet (1 liter)	4
Gin, brandy, or spirits	1 small bottle (200 mL)	5
Cachaso (home-brewed liquor) 	1 small bottle (200 mL)	10

\*Alcoholic drinks have different alcohol contents, meaning that the percent of that drink that is pure alcohol can vary from 3-4% (in the case of Mosi) to 80-90% (in the case of Cachaso). In question 20 we need to get an estimate of how many drinks or units of alcohol the participant takes when they take.